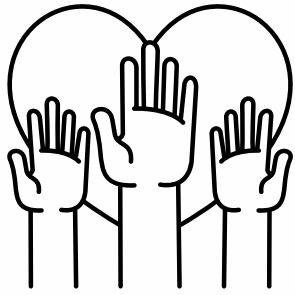




## Te Tokotoru Model: the three dimensions of support for family violence prevention/ intervention



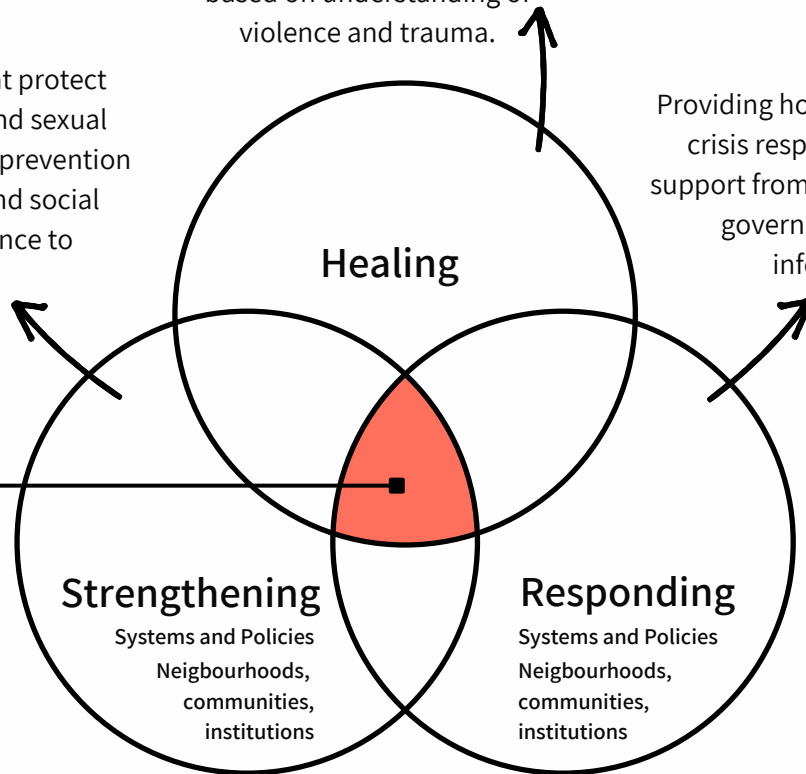
Spaces and supports that enable healing, recovery and restoration for people, families, whānau and communities and ways of working based on understanding of violence and trauma.

Increasing the factors that protect against family violence and sexual violence including primary prevention efforts to shift cultural and social norms that allow violence to perpetuate.

Providing holistic early intervention, crisis responses, and long-term support from specialists, community, government services and informal helpers.



People,  
families, and  
whānau  
at the centre



- for communities to be healthy and resilient all three dimensions have to be in place at the same time

- the start point for many whānau and rangatahi is healing

- people do not progress in a linear way from primary prevention to early intervention, crisis and healing

- The model gives equal weight to healing and strengthening, not just service responses.

- **Indigenous knowledge leads the way**

From investment, to policy, legislation and partnerships; iwi and Maori lead development and indigenous approaches are foundational

- **Strength-based, integrated and people and whānau centred responses**

People's needs and aspirations come first. Healing and strengthening for all those impacted in the past, currently and potentially in the future. Holistic and joined up support ensures needs are identified and addressed.

- **Activated, resourced, upskilled workforces and organisations**

Understanding of roles and responsibilities- with skills and resources to contribute to healing, strengthening and responding when and where is needed.

- **Distributed stewardship, mandate and leadership**

Partnerships are established and leadership is strengthened and resourced to enable decisions to be made by whānau, hapū, iwi-Maori, families and communities. People in all parts of the system have social permission to take action.

- **Flexible community- driven resourcing**

Resources are flexible and governed at regional/local levels to support a range of local/regional needs. Community, hapū and iwi lead decisions and implementation.

- **A learning system that continues to improve**

Mechanisms are in place to gather data/ insights to inform and activate change. Indigenous bodies of knowledge lead processes.

- **Recognition of colonisation, patriarchy and drivers of violence**

Strengthening people's understanding of the impacts of colonisation and a gendered analysis to create a shift in narrative and attitudes about the root causes of violence. We understand how family violence/ sexual violence relates to other aspects of wellbeing and equity issues.

**Resource:**

The Southern Initiative, The Joint Venture, The Auckland Co-Design Lab (2021). Activating an Ecology of Support.



**OCTOBER 11TH  
COMMUNITY EVENTS**

## **WEAVING TOGETHER FOR CHANGE- RESPONDING, STRENGTHENING, HEALING**

The spaces where people already come together and connect within neighbourhoods and communities are critically important in the ecology of support. Those who are closest to people are best placed to influence and support them.

Attitudes, behaviours and social norms are often set and reinforced in these settings, and they provide crucial opportunities for increasing social connectedness and cohesion. And for responding, strengthening and healing from family violence.

Hakeke Street Community Centre and Library and Te Ora Hou are two places that are already grappling with issues around wellbeing and both play a key role in strengthening protective factors and creating prevention/ intervention opportunities for whānau/ families and community through their vision, programmes and outreach.

These community events are safe places for our community to go during the school holidays to be with their whānau, connect with others, have fun (bouncy castles, face-painting, activities, play trailer, kai) and build awareness of their capacity to support others, learn how to constructively challenge narratives, and be part of creating positive, healing environments.

With guest speaker: She is not your rehab, we hope to spotlight changing the narrative and what this looks like in action, through the lived experience of Matt Brown. Matt's message speaks to the legacy of intergenerational trauma, how unfair, inequitable systems compound and contribute to this, and how healing helps us make different choices instead of those modelled in our earliest environments.

Matt invites men to care for each other, their whānau and their communities by offering compassion and space to listen, aiming to normalise vulnerability and courageous conversations about hard things, his korero invites us all to take action against family violence, this action must include healing, and can begin where we already are (i.e. allowing our businesses/ workplaces/ homes/ community spaces to be safe places to have these conversations). Matt also exemplifies how different parts of a community can work together to enhance a communities safety and wellbeing via designing, leading and delivering solutions that affect change (Matt works with the Ministry of Social Development, It's NOT OK Campaign, Battered Women's Trust, Canterbury District Health Board, Te Runanga o Ngai Tahu and START- who together developed the online Family Violence hui).

PLEASE EMAIL: VIN@JIGSAWWHANGANUI.ORG.NZ IF YOU WOULD LIKE YOUR RESOURCES INCLUDED ON THE VIN TABLE AT THESE EVENTS



## Family Event:

**Bouncy Castle/ Face-painting/  
Sausage sizzles/ Play trailer/  
Crafts**

**Tuesday October 11th  
9:30am - 12pm**

**Hakeke Street  
Community Centre/  
Willams Domain  
65 Hakeke Street**

**9:30am: Formal welcome  
10am- 11am: She is not  
your rehab korero  
11-12pm: Book signing/  
chance to meet with  
Matt/Sarah**



**Tuesday October 11th  
4pm - 6:30pm**

**Lorenzdale Park,  
Swiss Ave  
Gonville**

**4- 5pm: Rangatahi  
session with Matt/Sarah  
5-6pm: Adult session  
with Matt/Sarah  
5- 6pm: Youthworkers to  
run sports/games for kids  
6:15pm: Hangi**





## HOW WILL THIS BENEFIT OUR COMMUNITY?

*Together  
We Can!*

- Promote the power of community (and individuals stepping up within communities) to design, lead and deliver solutions that will effect change
- Promoting men's health and wellbeing and the power of tane-to-tane support- taking responsibility for healing as a collective through Matt Brown's powerful narrative.
- Challenging narratives around "whose voices count" - that small businesses/ NGO's/ whanau can and do make big differences in local communities.
- Creating a space to begin a community conversation on family violence, and its long-term effects (often intergenerational as explored by Matt Brown).
- Recognising community organisations (not just fv intervention agencies) as natural supports, resourced and skilled to lead their own positive response and share learning with others.
- Providing a place where the community can discover resources and information about what is already available in our community- showcasing Whanganui's integrated family violence network.

***"Right now whānau and people power is an untapped potential for provision of support and responses in family violence prevention.***

***Whānau are motivated to help others, and people prefer to receive support from others like them. "***

**WE INVITE ALL AGENCIES TO ATTEND BOTH THESE EVENTS AS PEOPLE, WHĀNAU AND MEMBERS OF THIS COMMUNITY- WE LOOK FORWARD TO SEEING YOU THERE!**

**CHECK  
OUT  
THE  
VIN  
WEBSITE**

[familyviolencewhanganui.org](http://familyviolencewhanganui.org)



# Are you safe?

We all have the right to feel safe and protected at home. If you're experiencing abuse of any kind, you do not have to face this alone.

Is it family violence?

Help is here

Getting help

It's easier than you think

Are you concerned for someone else?

You could make all the difference



## VIN MEETING THURSDAY 13TH OCTOBER

11 - 12:30pm ZOOM

Brechin Lounge, St Paul's Church, 112 Guyton Street

### Ange Field from TeaSpoons

Ange from teaSpoons will be talking about the high rates of violence towards autistic children and adults. Her korero covers: the protective factors for autistic children and adults/ positive autistic identity/ why autistic children and adults are at risk of harm/ how we can work better as a community to include/ celebrate/ safeguard autistic people from violence.



## FAMILY VIOLENCE: THEORIES, PRACTICE AND CURRENT ISSUES

### About this Workshop

This introductory interactive workshop is primarily intended for new staff or non-specialists who engage with families and whanau who may be experiencing family violence and associated family harm. While several aspects of family violence will be introduced, the primary focus will focus on intimate partner violence (IPV). While the workshop serves as an 'introduction', feedback from more experienced staff attending has been they also found it useful to refresh and update existing knowledge.

By the end of this workshop participants will be able to:

- Consider some of the definitions, behaviours and frameworks associated with family violence
- Consider some of the past and contemporary theories relating to IPV including the cycle of violence, power and control, and coercive control
- Consider various factors impacting on safe practice when working with LGBTQ+, people with disabilities and culturally and linguistically diverse (CALD) communities
- Describe the signs and symptoms associated with IPV
- Start the 'difficult conversations with 'clients''
- Responding to positive disclosures or suspected family violence
- Have greater awareness about court orders, police safety orders and associated initiatives, and
- Other contemporary issues, including topics raised by participants.

**THIS SOLD OUT IN AUGUST,  
AND HAD A WAITLIST,  
SO WE ARE HOSTING THIS  
WORKSHOP AGAIN IN OCTOBER!**

**TO BOOK PLEASE GO TO:  
ROBVEALE.COM**

**OCTOBER 17TH  
9AM - 3PM**

**BRECHIN LOUNGE  
ST PAUL'S CHURCH  
112 GUYTON STREET**

## WOMEN'S REFUGE

We work with women, children and families/whānau experiencing the effects of family violence by providing advice, support and advocacy, risk assessments and safety planning. We also provide safehouse accommodation for women and children at high risk of further harm and support women, children and families/whānau in the community.

Email: [advocate@refugewhanganui.org.nz](mailto:advocate@refugewhanganui.org.nz)



kaupapa whānau – thriving children, flourishing families

Our team journey alongside whānau and families to be safe, confident and proud in their relationships and parenting their children. We support whānau and families resisting violence, healing trauma, building safety, strengthening family relationships, enjoying parenting, and getting support you need from other services. Our services include social work support, parenting programmes, and family harm prevention programmes. We also provide information and advice to whānau and families who are not sure where or how to get help.

Website: [jigsawwhanganui.org.nz/](http://jigsawwhanganui.org.nz/) Email: [admin@jigsawwhanganui.org.nz](mailto:admin@jigsawwhanganui.org.nz)

PH: 06 344 2204

PH: 0800 733 843

North Island Option 4

24/7 crisis and support line



Suite 10, 236 Victoria Ave

PH: 06 345 1636

IT IS **OK** TO ASK FOR HELP

HELP

TEXT or CALL:

1737



SHINE (Domestic Violence Helpline):

9am - 11pm

PH: 0508 744 633

SHAKTI (for Migrant Women):

24 hours a day/ 7 days a week

PH: 0800 742 584

Safe to Talk (Sexual Abuse):

24 hours a day/ 7 days a week

PH: 0800 044 334 or

TXT: 4334

Hey Bro - He Waka Tapu

(for men who want to stop being violent)

24 hours a day/ 7 days a week

PH: 0800 439 276



NEW ZEALAND POLICE  
Ngā Pirihimana o Aotearoa

Bell Street

PH: 111

24 hours a day.

7 days a week

In an emergency call 111 and ask for POLICE. Family harm is a high priority for Police. Police take every opportunity to prevent harm and reduce offending and victimisation. Police is committed to a prompt, effective and nationally consistent approach to family harm episodes in collaboration with other agencies/iwi and with community partners. When Police attend a Family Harm Investigation they do so with "eyes wide open", which means working to understand the wider dynamics of family harm, the patterns of harm and the adverse circumstances in which they occur. It is not a private matter, it is a crime. Preventing and effectively responding to family violence is one of the greatest opportunities to improve the wellbeing and safety of our communities, and we all have a collaborative approach where Police partner with Iwi, Community agencies and providers to meet the needs of our community and tailor responses based on what our community needs and wants. FLOW visits Whanau after the initial Police attendance. FLOW act as navigators, enabling Whanau to access the most relevant service that will assist them to be safe from harm.



Provides free individual or group programmes for women and children affected by family violence; an eight-week parenting programme - a Boundaries course for women and general counselling for individual adults, couples, children, adolescents and families. There is a fee for general counselling but funding is available that may assist with this.

Email: [familyworks-whanganui@psc.org.nz](mailto:familyworks-whanganui@psc.org.nz)

179 Wicksteed Street

PH: 06 345 6681

Caring...enabling...supporting



Te Oranganui's Whanau & Community Services support whānau experiencing family violence. They support whānau to build resiliency and live nurturing and cohesive lives. Te Oranganui's other services also have a zero tolerance to family violence: Mental Health & Addiction, Disability Support Services, and GPs.

57 Campbell Street

PH: 06 349 0007

Korowaitia te puna waiora

hei oranga motuhake mo te iwi

Empowering whānau into their futures.



TUPOHO TRUST

Tupoho House

249 Victoria Avenue

PH: 06 345 2042

Services include social work support and intervention to reduce whānau/family harm, advocacy and negotiation with statutory and other support agencies, and financial mentoring and education services.

Whakapūmautia te mana o nga tangata i roto i ngā tāngata Nurturing . Sustenance . Empowering

**Whanganui Safe and Free**

healing and preventing sexual abuse in our community

Specialist therapy and counselling for children, adolescents, whanau and families, and individuals affected by the trauma of sexual abuse and rape. Whanganui Safe and Free also offer Kaiawhina/Family Support for those directly and indirectly affected, and preventative education programmes for children and their parents/caregivers, for families and for students.

Email: [administration@whanganuisafe.org.nz](mailto:administration@whanganuisafe.org.nz)

Suite 4, 236 Victoria Ave

PH: 06 343 3416

**ORANGA TAMARIKI**  
Ministry for Children



Statutory Child Protection Service. Investigates concerns about serious abuse of children (physical, sexual, emotional and neglect), and provides youth justice services.

Ingestre Chambers

74 Ingestre Street Whanganui

PH: 0508 (FAMILY) 326 459

24 hours a day,

seven days a week



**AGE CONCERN WHANGANUI**

He Manaakitanga  
Kaumātua Aotearoa

164 St Hill Street

PH: 06 345 1799

PH: 0800 EA NOT OK

(0800 32 668 65)

A free and confidential Elder Abuse Response Service for people experiencing, or at risk of, elder abuse and/or neglect.



Community Legal Advice Whanganui can provide those living with family violence information and advice on dealing with the police, protection orders, occupation or tenancy orders, relationship property, the process to end a marriage, civil union or de facto relationship, and seeking the services of a family lawyer.

Email: [claw@claw.co.nz](mailto:claw@claw.co.nz)

Suite 2, 236 Victoria Ave

PH: 06 348 8288

Whanganui  
Family  
Violence  
Intervention  
Network

**FAMILY VIOLENCE**  
IT'S NOT OK

IT IS **OK** TO ASK FOR HELP

