



WHANGANUI FAMILY VIOLENCE INTERVENTION NETWORK

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familyviolencewhanganui.org

January 2023- Issue 12

DRAWING ON OUR WIDER COMMUNITY TO PROVIDE SUPPORT ACROSS THE PLACES THAT PEOPLE LIVE THEIR LIVES

Family Violence 101 training- WORKPLACES

Integrated community-led responses are about activating support across the diverse places that people live their lives so that there are many more spaces, places and people able to support, take action and contribute to individual, family/whānau and community wellbeing. These are the places where people already seek (or wish to seek) support and connection. People who do not currently access services often seek help from people they trust in their family, whānau, neighborhood, iwi, places of worship and workplaces. **Te Tokotoru model** (developed by The Lab and The Southern Initiative) sees primary prevention, early intervention, crisis and healing (of family and sexual violence) as a journey that people progress through in a winding (rather than linear) way. For communities to be healthy and resilient **the whole spectrum of family violence and sexual violence support must be in place and interconnected at the same time.**

The three dimensions of interconnected support:

1. HEALING: spaces and supports that enable healing, recovery and restoration for people, families, whanau and communities and ways of working based on an understanding of violence and trauma,
2. RESPONDING: providing holistic early intervention, crisis responses and long-term support from specialists, the community, government services and community helpers and
3. STRENGTHENING: increasing the factors that protect against family violence and sexual violence including primary prevention efforts to shift cultural and social norms that allow violence to perpetuate.

One of the main tenets of this model is that people's **basic needs** must be met **AT THE SAME TIME** as addressing family violence and sexual violence. This means listening and taking action on what is important for people experiencing violence, including reducing stressors from lack of finances, housing insecurity, employment, mental health, social isolation and childcare.

The Violence Intervention Network Reference Group believes that **WORKPLACES** are the perfect place to begin upskilling and strengthening responses to family and sexual violence in our community. Workplaces are of particular importance because employment is a way that many people are able to meet their basic needs. The financial aspect of paid work (and economic stability) has tangible impacts on health and wellbeing as it can enable people to plan and budget for rent/ childcare and other living expenses and can support their social cohesion and self-esteem.

Workplaces are a vital part of our wider community, providing protective factors to prevent violence and contributing to strengthening individuals, families and whānau to achieve longer-term change.



"As a new staff member I see the acknowledgement of the family violence policy and the organisational approach in my induction"



"As a hairdresser we have provided a safe space for people to use a computer/ phone to look up specialised support"



"As a Manager we do training in what family violence and sexual violence look like and how we can best respond to our employees/ colleagues needs"



"As a retailer, we have helped someone set up a secret saver account to save money before leaving"

How workplaces can support the diverse needs of individuals/ families and whānau experiencing violence:



"As a leader in my workplace, I model what I want to see in my employees, the men support each other and can reach out"



"As a supermarket worker I am trained and supported to respond when I see or hear things from customers."



"We have good links with local violence and family support services. I have trusted contacts I can call on for help when I need it for my staff."



"Volunteering at my local charity shop we have posters and contact details for anyone needing help."

When an employee is living with family and sexual violence, they often experience heightened financial stress, homelessness, isolation vulnerability and a sense of shame. Without appropriate support there can be many implications for workplaces (absenteeism/ increased employee turnover/ increased cost of recruitment and retraining/ reduced productivity). Workplace legal obligations under the Domestic Violence Victims Protection Act 2018 are the minimum requirements. To prevent tragedies, and support workers safety (through policies and practices that aim to respond, strengthen and heal), workplaces are encouraged to adopt best practices that go beyond legal requirements. Best practices will look different for every workplace, and it is a good reminder that workplace culture can have a significant influence on people's wellbeing- from role modelling healthy relationships, celebrating diversity (and actively finding ways to ensure diversity in management positions) alongside being safe places for people to reach out for help.



Family + Domestic Violence in the Workplace- 101 training



Please contact the VIN Coordinator for more information
 (re: booking/ dates/duration /cost)
vin@jigsawwhanganui.org.nz or 0225418747



Objectives

Foundations:
 Understand and define the nature of family + domestic violence + what that looks like in the workplace

Responder Training:
 How to have a supportive conversation with someone experiencing family violence or using abusive behaviours (as someone who holds responsibility for workplace safety- Managers/ Supervisors/ Human resources staff etc.)

Legal Obligations:
 Your roles and obligations under the Domestic Violence Victims Protection Act (2018)



Upcoming Practitioner Training February - April 2023



Thursday February 23rd 2023

Risk assessment in the context of intimate partner violence (IPV) – Theory to Practice with Rob Veale.

Research suggests that family violence homicides are the most predictable of all homicides. They don't happen out of the blue and therefore present the greatest opportunity for prevention.

Professionals engaging with people affected by family violence should understand the dynamics, scope and practicalities associated with both risk assessment as part of the safety planning process. While it is critical to ensure the 'voice and experiences' of the victim is integrated into the safety planning process, practitioners must also apply their expertise to identify and understand escalating risks of serious harm and potentially death.

By the end of this workshop participants will be able to:

- Recognise the importance of risk assessment as part of the safety planning process
- Consider some of the types of risk assessment tools used in the context of IPV
- Understand and describe common risk markers associated with family violence and serious harm
- Be aware of stalking as a high risk marker of serious harm in the context of IPV
- Be able to apply their understanding of risk assessment to workshop scenarios (note: details of actual cases will be presented in this session).

This will be held at the usual location- St Pauls Church, 112 Guyton Street in the Brechin Room from 9:15am – 3:30pm. You will need to bring your own lunch and snacks, tea and coffee provided. You can find out more and purchase your tickets from:

<https://www.eventspronto.co.nz/Whanganui220223>

*You're
Invited!*

to our Annual
General Meeting

9th Feb 2023
11am-12:30pm
@ Brechin Lounge, St Paul's
Church



Thursday March 9th 2023

Te Tiriti based anti-racism praxis: how to be a good Te Tiriti partner with Ngaire Rae and Te Wai Barbarich-Unasa from Stopping Institutional Racism.

This workshop hosted by the Whanganui Violence Intervention Network will explore:

-Te Tiriti o Waitangi – the foundational document of Aotearoa

- Understanding how the colonial history of Aotearoa informs the present (looking back to look forward).
- Considering positionality, power and privilege and how this operates in conscious and unconscious ways throughout relationships.
- Exploring individual, organisational and system barriers to addressing colonisation and racism, and identifying enablers for decolonising, anti-racist, relational work.
- How a Te Tiriti based partnership would look and feel and the steps towards that.

The day will be facilitated with a focus on providing a space for co-inquiry amongst participants that has clear boundaries and articulated values for working together. A core purpose will be to deepen existing respectful relationships that will foster the calling out and importantly calling in as the collective embarks on this journey of transformation together. This approach is founded on a belief that healthy relationships are at the heart of the transformation journey

This will be held at the usual location- St Paul's Church, 112 Guyton Street in the Brechin Room from 9am – 4pm. Morning tea and lunch will be provided. You can find out more and purchase your tickets from: <https://www.eventbrite.co.nz/e/te-tiriti-based-anti-racism-praxis-how-to-be-a-good-te-tiriti-partner-tickets-525256856397>

Wednesday 26th and Thursday 27th April 9am-1pm

Resisting Collusion & Motivating Change - Working with Men who use Intimate Partner Violence- with Ada Conroy

This training is for practitioners who may come across men who use intimate partner violence, and who are seeking to strengthen their practice, contribute to change, and enhance victim-survivor safety.

Participants who attend this training will be able to:

- Explain the causes, mechanisms, and purpose of family violence
 - Explore perpetrator accountability
 - Identify core beliefs held by men who use violence
- Use invitational approaches to build rapport and enhance reflection
- Understand the nature of collusion and how to resist invitations to collude
 - Examine shame and values
 - Motivate change and referral readiness
- Understand safety planning and referral pathways

This training runs via zoom (link sent out with ticket) from 9am - 1pm across two consecutive mornings. Pre-reading will be sent one week prior.

To purchase a ticket, please head to: <https://www.eventbrite.co.nz/e/resisting-collusion-with-men-who-use-family-violence-training-tickets-528010572837>

1 BILLION RISING 2023
RISE FOR FREEDOM

Join the Revolution

Come and get your dance on!
All welcome for a giggle & a jiggle. It's FREE

TUESDAYS 6:30-8pm 10:30am-12pm SUNDAYS

17 January

24 January

31 January

07 February

22 January

29 January

05 February

12 February

VENUE: The Women's Network
75 St Hill Street



NZ'S BEST WOMEN'S FEST

For more info about One Billion Rising
<https://www.onebillionrising.org/>

One Billion Rising is the biggest mass action to end violence against women (cisgender, transgender, and those who hold fluid identities that are subject to gender-based violence) in human history.

The campaign, which launched on Valentine's Day 2012, began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime. This coming Valentine's Day February 14th, 2023, we invite people from our Violence Intervention Network and our wonderful wider community to show up and support one billion rising @ Majestic Square from 11-2pm.

We will be dancing on the hour every hour! So come join us!

NATIONAL FAMILY VIOLENCE CONFERENCE AND MASTERCLASSES 2023



Hiwa-i-te-rangi

A star of Matariki, it holds our dreams and desires in the hope they will be realised

To book: <https://national-family-violence-conference-2023.lilregie.com/booking/attendees/new>

Masterclasses: Wednesday 22
March 2023

Conference: Thursday 23
March and Friday 24 March
2023

Venue: Te Wharewaka o
Poneke, Te Whanganui a Tara
Taranaki Wharf 2 Taranaki
Street, Waterfront, Wellington



OUR
ONE BILLION RISING COMMUNITY EVENT IS FAST APPROACHING!

THERE IS STILL TIME TO LEARN THE DANCE, COME ALONG AND HAVE A GIGGLE AND A JIGGLE!

YOU CAN ALSO LEARN FROM HOME VIA YOUTUBE:

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=MRU1XMBWUEA](https://www.youtube.com/watch?v=MRU1XMBWUEA)

The violence of discrimination, of exclusion, of poverty, of inequality, of occupation, of exploitation, of suppression, of displacement, of oppression, of control has been severe and unrelenting. Let us join together as a collective and RISE!
<https://www.onebillionrising.org/events/one-billion-rising-whanganui-5/>

WOMEN'S REFUGE

We work with women, children and families/whānau experiencing the effects of family violence by providing advice, support and advocacy, risk assessments and safety planning. We also provide safehouse accommodation for women and children at high risk of further harm and support women, children and families/whānau in the community.

Email: advocate@refugewhanganui.org.nz



kaupapa whānau – thriving children, flourishing families

Our team journey alongside whānau and families to be safe, confident and proud in their relationships and parenting their children. We support whānau and families resisting violence, healing trauma, building safety, strengthening family relationships, enjoying parenting, and getting support you need from other services. Our services include social work support, parenting programmes, and family harm prevention programmes. We also provide information and advice to whānau and families who are not sure where or how to get help.

Website: jigsawwhanganui.org.nz/ Email: admin@jigsawwhanganui.org.nz



Provides free individual or group programmes for women and children affected by family violence; an eight-week parenting programme - a Boundaries course for women and general counselling for individual adults, couples, children, adolescents and families. There is a fee for general counselling but funding is available that may assist with this.

Email: familyworks-whanganui@psc.org.nz



Te Oranganui's Whānau & Community Services support whānau experiencing family violence. They support whānau to build resiliency and live nurturing and cohesive lives. Te Oranganui's other services also have a zero tolerance to family violence: Mental Health & Addiction, Disability Support Services, and GPs.



Statutory Child Protection Service. Investigates concerns about serious abuse of children (physical, sexual, emotional and neglect), and provides youth justice services.



AGE CONCERN WHANGANUI
He Manaakitanga
Kaumātua Aotearoa

A free and confidential Elder Abuse Response Service for people experiencing, or at risk of, elder abuse and/or neglect.

PH: 06 344 2204
PH: 0800 733 843
North Island Option 4
24/7 crisis and support line



Suite 10, 236 Victoria Ave
PH: 06 345 1636

179 Wicksteed Street
PH: 06 345 6681

Caring...enabling...supporting

57 Campbell Street
PH: 06 349 0007

Korowaitia te puna waiora
hei oranga motuhake mo te iwi
Empowering whānau into their futures.

Ingestre Chambers
74 Ingestre Street Whanganui
PH: 0508 (FAMILY) 326 459
24 hours a day,
seven days a week

164 St Hill Street
PH: 06 345 1799

PH: 0800 EA NOT OK
(0800 32 668 65)

IT IS **OK** TO ASK FOR HELP

HELP

TEXT or CALL:
1737



In an emergency call 111 and ask for POLICE. Family harm is a high priority for Police. Police take every opportunity to prevent harm and reduce offending and victimisation. Police is committed to a prompt, effective and nationally consistent approach to family harm episodes in collaboration with other agencies/iwi and with community partners. When Police attend a Family Harm Investigation they do so with "eyes wide open", which means working to understand the wider dynamics of family harm, the patterns of harm and the adverse circumstances in which they occur. It is not a private matter, it is a crime. Preventing and effectively responding to family violence is one of the greatest opportunities to improve the wellbeing and safety of our communities, and we all have a collaborative approach where Police partner with Iwi, Community agencies and providers to meet the needs of our community and tailor responses based on what our community needs and wants. FLOW visits Whānau after the initial Police attendance. FLOW act as navigators, enabling Whānau to access the most relevant service that will assist them to be safe from harm.



TUPOHO TRUST

Tupo Ho House
249 Victoria Avenue
PH: 06 345 2042

Services include social work support and intervention to reduce whānau/family harm, advocacy and negotiation with statutory and other support agencies, and financial mentoring and education services.

Whakapūmautia te mana o nga tangata i roto i ngā tāngata Nurturing . Sustenance . Empowering

Whanganui Safe and Free

healing and preventing sexual abuse in our community

Specialist therapy and counselling for children, adolescents, whānau and families, and individuals affected by the trauma of sexual abuse and rape. Whanganui Safe and Free also offer Kaiawhina/Family Support for those directly and indirectly affected, and preventative education programmes for children and their parents/caregivers, for families and for students.

Email: administration@whanganuisafe.org.nz

Suite 4, 236 Victoria Ave
PH: 06 343 3416



Community Legal Advice Whanganui can provide those living with family violence information and advice on dealing with the police, protection orders, occupation or tenancy orders, relationship property, the process to end a marriage, civil union or de facto relationship, and seeking the services of a family lawyer.

Email: claw@claw.co.nz

Suite 2, 236 Victoria Ave
PH: 06 348 8288

Whanganui
Family
Violence
Intervention
Network

FAMILY VIOLENCE
IT'S NOT OK

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