



WHANGANUI FAMILY VIOLENCE INTERVENTION NETWORK

236 VICTORIA AVENUE

PHONE: 0225418747

EMAIL: VIN@JIGSAWWHANGANUI.ORG.NZ

JANUARY 2022 • ISSUE 5

FAMILY VIOLENCE PREVENTION EXPO

"WEAVING TOGETHER FOR CHANGE"

WHANGANUI WAR MEMORIAL CENTRE APRIL 12TH 9AM-4PM

with guest speakers



Good Shepherd
New Zealand



**She is
not
your
rehab**



BACKGROUND

Our proposed event aims to strengthen relationships, collaborations and partnerships between the community and family violence organisations, and catalyse the wider community towards collective knowledge, action and transformation in this space.

FAMILY VIOLENCE AGENCY STALLS

Please email Lorraine Sheenagh (VIN Coordinator):

vin@jigsawwhanganui.org.nz to register your organisation/ agency interest in attending the expo. Set up is the day before (April 11th 1-5pm). Stalls provided, entry from loading bay at back of Whanganui War Memorial Centre. Assistance on-site for help with unloading/ set-up.

**Register
your interest!**



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PROJECT SUMMARY:

Family Violence Prevention Expo: free, public, one-day event (9- 4pm) at the War Memorial Centre where **local family violence agencies** (and members of the VIN Network) will **have stalls** (with info/ resources) **to inform/ connect with the community around what is available in the family violence/ healthy, safe relationships space in Whanganui** (and for agencies to strengthen their relationships with one another).

Guest speaker: Matt and Sarah Brown from She is not your rehab on normalising courageous vulnerable conversations and spaces to listen/share as an antidote to passing on intergenerational violence/ harm

Guest speaker: Good Shepherd on Economic Harm and Healthy Financial Relationships.

Guest speaker: Christina Emery on Safe Spaces for Rainbow people in the community.

Launch: Violence Intervention Network Website (a tool for people in our community to recognise and respond to violence (with downloadable resources), connection point for people to connect to services/agencies in our community (with links to websites/contact info).

Evening event: Tools of the trade, conversations for men facilitated by She's not your rehab Matt Brown (location tba). Pre-registered event (dinner), max no: 50. Men's health and wellbeing event-workshop for men to learn new tools so that they can have honest conversations that set the foundation for healthy and safe relationships. Marketed at Men in trades (people that will be working during the day and most likely won't attend the morning event) to build social wellbeing and connectedness.

BACKGROUND:

One of our strategic aims for 2021/2022 was to widen our network to educate and include local businesses/ faith groups/ cultural groups/ schools/ whānau and families from all sectors of the community in our mission and kaupapa (to alleviate the burden and burnout of our social service sector responding to violence in our community and to affirm the statistics that show that people often seek help from other areas of their community first before accessing social service support). **We also know that Primary prevention of violence is key to creating lasting change.** The ecological model of family violence intervention highlights that these inner circles are the most likely places for those experiencing family violence to find connection, strength and resource. Within this web small positive actions (and connections) can be made to DISRUPT violence & build safe, resilient and healthy family/whānau relationships collectively. Often what stops this from happening, is that people don't know how to help, what to say, what they can offer, and where to go to get support. This includes those who use violence and want to make changes for themselves and their whānau. Shame and stigma around family violence add extra stress to these attempts at finding or offering connection, support and resource.



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HOW WILL THIS EVENT BENEFIT OUR COMMUNITY?

- 1** Promote the power of community (and individuals stepping up within communities) to design, lead and deliver solutions that will effect change
- 2** Promoting men's health and wellbeing- taking responsibility for healing as a collective through Matt Brown's powerful narrative.
- 3** Challenging narratives around "whose voices count" - that small businesses can and do make big differences in local communities.
- 4** Education on the long-term impacts of economic abuse and what healthy financial relationships look like.
- 5** Creating a space to begin a community conversation on family violence, and its long-term effects (often intergenerational as explored by Matt Brown and Good Shepherd).
- 6** Building relationships between family violence organisations and the wider community that will lead to partnership and collaboration around taking action to prevent family violence, supporting the growth and development of safety and wellbeing in the community.
- 7** Building knowledge amongst families/whanau and agencies re: the need for safe spaces for rainbow youth, and how this can support well-being outcomes.
- 8** Providing a place where the community can discover resources and information about what is already available in our community- showcasing Whanganui's integrated family violence network.

More about our speakers:

She is not your rehab

GOOD SHEPHERD

With guest speaker: Good Shepherd we hope to spotlight how economic harm, like other forms of family violence is often subtle- building with the smallest breach of trust and building over time. Good Shepherd challenge the narrative around money as a taboo subject. They show how financial abuse is just as damaging as other forms of abuse: acknowledging that it can happen to anyone, the context of power and control, the devastating impacts which affect financial wellbeing long after the relationship is over and how it too is often a product of intergenerational learning, role modelling, previous trauma, belief systems, limited knowledge and patriarchal traditions.



Good Shepherd
New Zealand

If your organisation or group would like to give a short (30 min max) workshop or talk on what you are doing in the family violence space in Whanganui, please give Lorraine a call on 027 541 8747 or email: vin@jigsawwhanganui.org.nz with a brief blurb about your org and topic. We currently have room for two-three more speakers.

SHE IS NOT YOUR REHAB

With guest speaker: She is not your rehab, we hope to spotlight the change in narrative and what these values look like in action, through the lived experience of Matt Brown. Matt's message speaks to the legacy of intergenerational trauma, how pain and shame don't discriminate, how without healing we are all liable to make choices based on our earliest "normalised" environments and how unfair, inequitable systems compound and contribute to this.

Matt invites men to care for each other, their whanau and their communities by offering compassion and space to listen, aiming to normalise vulnerability and courageous conversations about hard things, he spotlights how taking action against family violence must include healing from past trauma, and can begin where we already are (i.e. allowing our businesses to be safe places to have these conversations). Matt also exemplifies how different parts of a community can work together to enhance a communities safety and wellbeing via designing, leading and delivering solutions that affect change (Matt works with the Ministry of Social Development, It's NOT OK Campaign, Battered Women's Trust, Canterbury District Health Board, Te Runanga o Ngai Tahu and START- who together developed the online Family Violence hui).

PRIDE WHANGANUI

With guest speaker: Pride Whanganui- we hope to spotlight how important safe spaces are for challenging heteronormative and cisgender stereotypes and for mitigating the risk of violence and negative outcomes for LGBTQIA+ people in our community.



THIS EVENT IS PENDING FUNDING

EVENING EVENT: TOOLS OF THE TRADE- CONVERSATIONS WITH MEN



Facilitated by Matt Brown (She's not your rehab), with Tim Metcalfe (White Ribbon), Mahanga Williams (Mana Man).

The trade sector as a whole has struggled with workplace issues such as long working hours, work related violence and aggression, hazardous drinking and normative "masculine" beliefs. These stressors have contributed to extraordinary high rates of suicide, drug addiction, intimate partner violence and mental health struggles (Ano & Vivian, 2003). This event would mirror Matt's earlier event (at the War Memorial Centre) on "creating safe spaces to have conversations," "getting men to be a safe space for other men" and "inviting men to take responsibility for their healing." There will be small break out whanaungatanga exercises and opportunities to put this into practice. This would be a MEN ONLY event, with pre-registration necessary (this would be a free event limited to 50 places as dinner would be included).

Things to check out:

KIDS AND GENDER TOOLBOX- SUPPORTING KIDS TO BE THEMSELVES

Check out this amazing resource developed by White Ribbon and Hohou Te Rongo Kahukura, supported by Rainbow Hub Waikato. which is a plain language resource to support parents who have kids that are breaking gender rules - boys that like to wear make-up for instance, or kids that play with gender differently. The stats show that these kids often get bullied and are subject to various forms of abuse. Sometimes this means getting picked on at school, by older siblings, parents, or extended families, which means that lots of Rainbow tamariki and rangatahi are not safe to show up and express who they really are, this can also make them more vulnerable to unhealthy and unsafe intimate relationships when they grow up. The Kids and Gender resource has been developed for parents who haven't connected very much with the Rainbow world, to help answer their questions and make sure they realise they are not alone, with links to peer group and parent supports so parents can understand what is happening better and be loving and supportive of their Rainbow children. Go here to check it out:

<https://whiteribbon.org.nz/2021/11/29/kids-and-gender-toolbox/>



INTERACTIVE WORKSHOP ABOUT RELATIONSHIPS

Jigsaw Whanganui, Suite 9, 236 Victoria Ave | Free Contact Cheryl 027 881 8813 or Scott 027 365 0129

This is part of Whanganui's Women's Festival La Fiesta- with two chances to attend:

Monday 21st February from 6-8pm or Monday 7th March 2pm -4pm.

This interactive workshop will unpack the red flags to be aware of in an unhealthy relationship, and the key factors that contribute to a healthy one. All welcome.



DO YOU WANT TO BE PART OF GROWING NEW ZEALAND'S MOVEMENT FOR COMMUNITY-LED CHANGE?

INSPIRING COMMUNITIES ARE LOOKING FOR NEW BOARD MEMBERS FROM ACROSS THE MOTU

Their vision: An Aotearoa where all communities flourish/ Ka ora ai te hapori o Aotearoa

Their mission: Increasing the capacity of communities to thrive through community led change.

Join the [Inspiring Communities Board of Trustees](#) and help them support local communities to flourish. Their work focuses on promoting and activating locally-led change efforts and enabling systems changes that will strengthen local communities.

They are prioritising new members that bring Te Ao Māori experience and connection, are committed to social and professional diversity and would also be excited to have applications from young people with a passion to create a better Aotearoa while growing their Board experience.

If you are interested in learning more and applying for this role, contact Board Chair Donna Provoost on 029 200 4422 or email exchange@inspiringcommunities.org.nz.

[View the Job Description and supplementary information.](#)

**closes
Wed
Feb 16th**

Kaupapa Whānau Purpose

Kaupapa Whānau is about building and growing connected support around your whānau. An opportunity for those that work with and support your whānau to come together and create a plan that will support your children to thrive. Kaupapa whānau has transitioned from the Whanganui Childrens Team and is based on the Strengthening Families model that operated successfully in the Whanganui Community for many years.

Referrals to Kaupapa Whānau can be made by agencies and professionals working alongside the whānau.

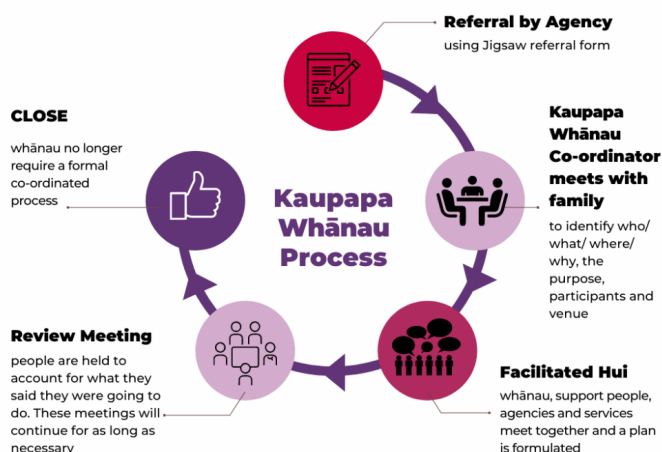
Criteria

- The children have complex needs requiring extensive support
- At minimum the whānau is working with 2 sectors
- The whānau wants a co-ordinated team to work with them
- The Referrer is a key part of the Kaupapa Whānau process
- Informed consent

Key Elements

- The focus is on tamariki, family and whānau
- Works with agencies across sectors
- Provides clarity of roles
- An action plan is created at each hui which provides clear accountability for all participants.

Kaupapa Whānau Process



KAUPAPA WHĀNAU RESOURCE

Whanganui Family
Violence Intervention
Network

YOU ARE INVITED

**VIN Meeting
Brechtin Lounge
St Pauls Church**

**Thursday
10th February**

**ANNUAL
VIN AGM**



Our first Vin Meeting of the year will be held in the usual place (the Brechtin Lounge) at the usual time (11-12:30pm).

Jigsaw Whanganui now have a **brochure** available to explain the **kaupapa whānau process**. For agencies to access this for whānau/families you are working with you will need to use the Jigsaw referral form.

The process from this referral is: the kaupapa whānau coordinator will meet with the family, which will then led to a facilitated hui, followed by review meetings, and when the whānau no longer require a formal coordinated process the process will be closed.

If you would like a copy of the brochure, please email admin@jigsawwhanganui.org.nz. If you would like to know more about the process, please email: kaupapa.whanau@jigsawwhanganui.org.nz



**ZOOM WAIRUATANGA WANANGA
FEB 8TH AND MARCH 8TH 9AM - 4PM
COST \$200 WAGED/ \$100 STUDENT**

Matekete/Tohunga - Wiremu Niania - Co-author of Award winning book, Collaborative and Indigenous Mental Health Therapy - Tataihono: Stories of Maori healing in Psychiatry, and his wife, Lesley Niania, discuss in depth, the vital role, Wairuatanga plays in recovery in this interactive workshop.

Wellness of Wairua is the key element that strengthens and enhances every area - mind, body and whanau and underpins every indigenous society. Gaining a traditional healers view of Wairuatanga, the role of Mauri, Tapu Mana and other key concepts of te ao maori, learn how to utilise Te Taha Wairua in your practice

This is designed for practitioners and clinicians, for indigenous and non-indigenous mental health workers in different contexts, for clinical leaders, trainees and researchers, counsellors, church leaders and anyone concerned with the health and wellbeing of those in their communities.

To register: <https://www.wiremuniania.co.nz/events/zoom-wairuatanga-wananga-with-tohunga-wiremu-niania>



In an emergency call 111 and ask for POLICE. Family harm is a high priority for Police. Police take every opportunity to prevent harm and reduce offending and victimisation. Police is committed to a prompt, effective and nationally consistent approach to family harm episodes in collaboration with other agencies/iwi and with community partners. When Police attend a Family Harm Investigation they do so with "eyes wide open", which means working to understand the wider dynamics of family harm, the patterns of harm and the adverse circumstances in which they occur. It is not a private matter, it is a crime. Preventing and effectively responding to family violence is one of the greatest opportunities to improve the wellbeing and safety of our communities, and we all have a collaborative approach where Police partner with Iwi, Community agencies and providers to meet the needs of our community and tailor responses based on what our community needs and wants. FLOW visits Whanau after the initial Police attendance. FLOW act as navigators, enabling Whanau to access the most relevant service that will assist them to be safe from harm.

PH: **111 24/7**

"WORKING TOGETHER FOR A VIOLENCE FREE WHANGANUI"

AGENCIES IN WHANGANUI



WOMEN'S REFUGE

PH: 06 344 2204

PH: 0800 733 843

North Island Option 4

24/7 crisis and support line

We work with women, children and families/whānau experiencing the effects of family violence by providing advice, support and advocacy, risk assessments and safety planning. We also provide safehouse accommodation for women and children at high risk of further harm and support women, children and families/whānau in the community.

Email: advocate@refugewhanganui.org.nz



kaupapa whānau – thriving children, flourishing families

14/10/21

Suite 10, 236 Victoria Ave

PH: 06 345 1636

Our team journey alongside whānau and families to be safe, confident and proud in their relationships and parenting their children. We support whānau and families resisting violence, healing trauma, building safety, strengthening family relationships, enjoying parenting, and getting support you need from other services. Our services include social work support, parenting programmes, and family harm prevention programmes. We also provide information and advice to whānau and families who are not sure where or how to get help.

Website: jigsawwhanganui.org.nz/ Email: jigsawwhanganui.org.nz

TUPOHO-IWI AND COMMUNITY SOCIAL SERVICES TRUST

14/10/21

Services include social work support and intervention to reduce whānau/family harm, advocacy and negotiation with statutory and other support agencies, and financial mentoring and education services.

Whakapūmautia te mana o nga tangata i roto i ngā tāngata.

Nurturing . Sustenance. Empowering.

Tupoho House

249 Victoria Avenue

PH: 06 345 2042

IT IS OK TO ASK FOR HELP

SHINE (Domestic Violence Helpline):

9am – 11pm

PH: 0508 744 633

SHAKTI (for Migrant Women):

24 hours a day/ 7 days a week

PH: 0800 742 584

Safe to Talk (Sexual Abuse):

24 hours a day/ 7 days a week

PH: 0800 044 334 or

TXT: 4334



Family Violence It's Not OK campaign
information line : 0800 456 450

Hey Bro – He Waka Tapu
(for men who want to stop being violent)

24 hours a day/ 7 days a week

PH: 0800 439 276



Family Works

14/10/21

179 Wicksteed Street

PH: 06 345 6681

Provides free individual or group programmes for women and children affected by family violence; an eight-week parenting programme – a Boundaries course for women and general counselling for individual adults, couples, children, adolescents and families. There is a fee for general counselling but funding is available that may assist with this.

Caring...enabling...supporting

Email: familyworks-whanganui@pscc.org.nz



TE ORANGANUI

14/10/21

57 Campbell Street

PH: 06 349 0007

Korowaitia te puna waiora
hei oranga motuhake mo te iwi
Empowering whānau into their futures.

Te Oranganui's Whanau & Community Services support whānau experiencing family violence. They support whānau to build resiliency and live nurturing and cohesive lives. Te Oranganui's other services also have a zero tolerance to family violence: Mental Health & Addiction, Disability Support Services, and GPs.

ORANGA TAMARIKI

Ministry for Children

Ingestre Chambers

74 Ingestre Street Whanganui

PH: 0508 (FAMILY) 326 459

24 hours a day,

seven days a week

14/10/21

Statutory Child Protection Service. Investigates concerns about serious abuse of children (physical, sexual, emotional and neglect), and provides youth justice services.



Email: VIN@jigsawwhanganui.org.nz

Phone: 022 541 8747

facebook.com/VINWhanganui

Kaupapa:

We believe all services need to be culturally appropriate and informed by the principles of the treaty of Waitangi.

We believe we all have a right to live in homes free from violence and oppression.

We are committed to the wellbeing of whānau and families.

We believe violence in families occurs in a wider context of oppression and inequality.

We challenge the nature and quality of social response in a society that supports violence and oppression.

We believe family violence is socially learned and can be changed through effective community action that strengthens community relationships and networks.

We believe the best way to achieve our objectives are to work together to build safe, resilient, strong and connected communities which enable whānau to thrive.



164 St Hill Street

PH: 06 345 1799

PH: 0800 EA NOT OK

(0800 32 668 65)

14/10/21 Serving the needs of older people

A free and confidential Elder Abuse Response Service for people experiencing, or at risk of, elder abuse and/or neglect.

Whanganui Safe and Free

14/10/21

Specialist therapy and counselling for children, adolescents, whanau and families, and individuals affected by the trauma of sexual abuse and rape. Whanganui Safe and Free also offer Kaiawhina/Family Support for those directly and indirectly affected, and preventative education programmes for children and their parents/caregivers, for families and for students.

Suite 4, 236 Victoria Ave

PH: 06 343 3416

Email: administration@whanganuisafe.org.nz



COMMUNITY LEGAL
ADVICE WHANGANUI

Suite 2, 236 Victoria Ave

PH: 06 348 8288

Community Legal Advice Whanganui can provide those living with family violence information and advice on dealing with the police, protection orders, occupation or tenancy orders, relationship property, the process to end a marriage, civil union or de facto relationship, and seeking the services of a family lawyer.

Email: claw@claw.co.nz

14/10/21