



WHANGANUI FAMILY VIOLENCE INTERVENTION NETWORK

236 VICTORIA AVENUE

PHONE: 0225418747

EMAIL: VIN@JIGSAWWHANGANUI.ORG.NZ

FEBRUARY 2022 - ISSUE 6



**Pride
IS A
PROTEST**

LGBTQIA+ PEOPLE EXPERIENCE HIGHER RATES OF
FAMILY AND SEXUAL VIOLENCE ACROSS THEIR LIVES
WHEN COMPARED TO THE NZ NATIONAL AVERAGE

PRIDE WEEK 2022: 26TH FEB - 5TH MARCH

The graphic features a stylized rainbow with thick, rounded bands in yellow, orange, red, purple, blue, and green. To the right, the text 'Pride IS A PROTEST' is written in a colorful, bubbly font. Below the text, there's a message about higher rates of violence for LGBTQIA+ people and the dates for Pride Week 2022.

LGBTQIA+ PEOPLE EXPERIENCE HIGHER RATES OF FAMILY AND SEXUAL VIOLENCE
ACROSS THEIR LIVES WHEN COMPARED TO THE NATIONAL AVERAGE

**RAINBOW RELATIONSHIPS ARE
ALL RELATIONSHIPS IN WHICH
AT LEAST ONE PERSON
IS PART OF THE RAINBOW
COMMUNITY**



Rainbow relationships are all relationships in which at least one person is part of the rainbow community. This includes asexual, bisexual and trans people who are in different gender relationships. This is important to acknowledge, as these people are included in our family and sexual violence statistics. Statistics on the Hohou Te Rongo Kahukura website show that bisexual women are almost three times more likely to be raped than heterosexual women, and bisexual and lesbian women experience the highest rates of partner violence.



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BISEXUAL PEOPLE REPORT THE HIGHEST RATE OF PARTNER AND SEXUAL VIOLENCE OF ALL SEXUALITIES

Bisexual people consistently report the highest rates of partner and sexual violence of all sexualities. According to national population data, two-thirds (68%) of bi-people report experiencing intimate partner and/or sexual violence in their lifetimes (compared to a national average of 29%).



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RAINBOW YOUNG PEOPLE, PARTICULARLY TRANS YOUNG PEOPLE STRUGGLE TO DEVELOP HEALTHY IDENTITIES & RELATIONSHIPS*

Research in NZ has highlighted the overwhelming amount of violence including partner and sexual violence, experienced by trans people. Rainbow young people, particularly trans young people are currently bearing the brunt of managing and protecting themselves from homophobia, biphobia and transphobia in the home, at school and in the community. Being able to develop healthy identities and relationships in this context is very difficult.



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RAINBOW COMMUNITIES DON'T KNOW WHERE TO GO FOR HELP BECAUSE THEY DON'T FEEL SAFE

Takatāpui, lesbian, gay, bisexual, transgender and intersex survivors often don't receive the help they need. This is for varied reasons:

- Rainbow communities don't know where to go for help because of beliefs around domestic violence and sexual abuse services having little insight into the unique experiences of power and control in rainbow relationships.

- And that existing responses to partner and sexual violence are centred on heterosexual relationships and include transphobic, biphobic and homophobic stereotypes/responses that are "inadequate at best and harmful at worst."





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RAINBOW PEOPLE NEED VISIBLE PATHWAYS TO SUPPORT

Rainbow people want universal healthy relationships and consent material to point to safe Rainbow resources, groups and opportunities for further education. As well as information on where to go to access family violence support that is rainbow specific and covers intersectional identities/ support on dealing with homophobia, biphobia and transphobia.



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HEALTHY RELATIONSHIPS/CONSENT EDUCATION MUST SUPPORT ALL RAINBOW IDENTITIES AND RELATIONSHIPS

Healthy relationships/ consent education (especially for young people) must support all rainbow identities and relationships- and be taught by diverse facilitators with varying experiences of gender and sexuality who can enable wider appreciation for rainbow identities and communities. Rainbow young people want sexuality and gender to be taught in ways which acknowledge all identities and encourage exploration and value people's sense of themselves.



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RAINBOW PEOPLE NEED RESPECT, SPACE AND INFORMATION TO SUPPORT WHO THEY ARE

Rainbow people need respect, space and information to support who they are and to support them to have healthy and safe relationships. Rainbow people see having a healthy sense of themselves as crucial to healthy relationships and consent.





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WE MUST LISTEN TO THE RECOMMENDATIONS OF OUR RAINBOW SURVIVORS



Pride was—and still is a protest. Inspired by the Civil Rights Movement, our trans and queer ancestors fought tooth and nail, quite literally, to have their humanity recognised. Here in New Zealand, this Pride week, Pride Whanganui and @Vinwhanganui want to educate the wider community and create visibility for our rainbow people who experience family and sexual violence at higher rates than the general population.

The 2016 report, Building Rainbow communities free of partner and sexual violence, written by Sandra Dickson and produced as part of the project Hohou Te Rongo Kahukura - Outing Violence, includes the results of a survey, which was answered by 407 people with diverse ethnicities, gender identities, ages,

and sexualities. It found concerning levels of both partner and sexual violence, including many forms of psychological abuse and isolation that are specific to people in Rainbow communities. The survey also found that most people in the Rainbow community were not seeking help in relation to partner and sexual violence, and those that who did seek help from specialist agencies often did not experience that help as supportive.

This needs to change.

Our rainbow people deserve to have healthy, safe and supportive relationships with themselves, their partners, and their communities. Over the next seven days we will be posting stats on sexual and domestic violence in our rainbow communities/ how this is compounded by support agencies, and how we can start to do things differently (by listening to the voices and wisdom of what our rainbow survivors are telling us will help!)



- Include sex, sexuality and gender diverse people's experiences of partner and sexual violence at strategic, policy and service planning levels.



- Relationships with Rainbow communities and training for "mainstream" violence services on preventing and responding to sex, sexuality and gender diverse people's experiences of partner and sexual violence.

- Training for Rainbow community agencies on preventing and responding to sex, sexuality and gender diverse people's experiences of partner and sexual violence.



- Resources for Rainbow communities focused on friends, family and whānau knowing what to do to help

RECOMMENDATIONS FROM SURVIVORS

- Resources which are culturally appropriate and diverse for the many communities inside the Rainbow community which explore healthy relationships and outing violence.



- Resources which are culturally appropriate and diverse for families, whānau and wider communities to support their Rainbow family members.

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THINGS TO CHECK OUT:

Interactive Workshop about Relationships

hosted by Jigsaw Whanganui
as part of La Fiesta 22



**NEXT VIN MEETING
THURSDAY 10TH MARCH
ON ZOOM
11:15 - 12:30**

Speaker Tonya Russell

HOW TO SET INTERNAL BOUNDARIES ON PURPOSE

Often times people in the caring industry are 100% committed to making sure their clients get their needs met. Sometimes this happens at the expense of themselves. What if..... you could learn a way to utilise this very same skill (the one that makes you the best social worker you can be) to become the person who takes good care of themselves in the process?

In this workshop, we will be exploring internal boundaries, personal commitment and exploring our internal dialogue, how we talk to ourselves, about ourselves, our day and our lives and why it matters.

INTERACTIVE WORKSHOP ABOUT RELATIONSHIPS

**Monday 7th march 2-4pm @ suite 9, Jigsaw,
236 Victoria ave.**

This workshop will unpack the red flags to be aware of in an unhealthy relationship and the key factors that contribute to a healthy one

ARE YOU WORKING IN COMMUNITY- LED WAYS TO SUPPORT CHILDREN AND WHANAU?

Inspiring communities are hosting the "Child Rich Communities" network- a new programme of connection and support for those working to uplift the mana and wellbeing of tamariki, rangatahi and whanau across Aotearoa.

The first online hui March 31st 9:30-11am gives you the opportunity to:

- Connect with others around the motu doing awesome mahi**
- Learn about what is planned this year and how you can be part of it.**
- Find out from 'whannafluencer' how they're engaged and connected online with whanau in these challenging times**
- Explore the benefits of a child rich focus.**

Contact: kiaora@childrichcommunities.org.nz for more info

Register: <https://inspiringcommunities2021.typeform.com/to/KlXkXzyP>

ECLIPSE: Family Violence Services Ltd is a specialist family violence training provider, that offers services across Aotearoa, New Zealand. We have a targeted focus on increasing whānau safety and well-being by educating on the Practitioner-Victim Insight Concept (PVIC)© and the interconnected dynamics and impacts of Coercive Control-The Umbrella Tactic ©, Rewards Based Phenomenon, Layers of Consequence ©, Invisible Walls© and Whole of Person Entrapment©.

This training aims to increase understanding of the restrictions and barriers that surround primary victims and reduce capability to help seek. We also aim to increase sectoral knowledge and empathy and to reduce the unconscious judgement that exists within our sector.

Facilitator Debbs brings 20 years experience working across the family violence sector, and is also a survivor of family violence, she recognises and presents the interconnected perspective of survivor and practitioner in a professional, healthy and informative manner.

- Debbs story - Breaking Silence documentaries
- Coercive Control- indicators, dynamics and consequences
- 'No Holds Barred' Q & A session
- Resistance - The strength of our victims - victims are the experts in their own lives, support self-determination strategies
- How we view our primary victims and how that impacts on our responsiveness
- The Episodic nature of family violence and coercive control - cumulative impact
- The Practitioner-Victim Insight Concept (PVIC) ©

\$95 + GST

- Coercive Control - The Umbrella Tactic
- Rewards Based Phenomenon
- Layers of Consequence
- Invisible Walls
- Whole of Person Entrapment
- Follow My Lead Aotearoa - Complexity Maps
- Domestic Violence Service Management (DVSM) - NSW - Practice Framework
 - Practice Framework Approach
 - Upholding Dignity
 - Whole of Person Approach
 - Creating a Foundation of safety
 - Practice Dashboard
 - Building on Personal Safety and Navigating Risk (Practitioner)

**TRAINING IN
WHANGANUI MARCH
25TH 9-5 @ HALL, ST
PAUL'S CHURCH**

TO REGISTER:

[HTTPS://WWW.EVENTSPRONGO.CO.NZ/EVENT1801?Q=3185](https://www.eventspronto.co.nz/event1801?q=3185)

- Risk analysis
- Safety strategising
- Understanding victim behaviour and responses - reducing judgement and increasing empathy
- Empathy vs Sympathy - understanding the difference
- Organisational and Systemic Entrapment - how the systemic deficits within our own organisation and our organisations systems can inadvertently re-victimise
- Working in partnership - SAM table - highlighting roles and responsibilities in reporting / information collation
- How can we utilise our new learnings - mindset change / response tools
- How to acknowledge that every Intervention opportunity is a Prevention opportunity
- Wrap up

14/10/21

In an emergency call 111 and ask for POLICE. Family harm is a high priority for Police. Police take every opportunity to prevent harm and reduce offending and victimisation. Police is committed to a prompt, effective and nationally consistent approach to family harm episodes in collaboration with other agencies/iwi and with community partners. When Police attend a Family Harm Investigation they do so with "eyes wide open", which means working to understand the wider dynamics of family harm, the patterns of harm and the adverse circumstances in which they occur. It is not a private matter, it is a crime. Preventing and effectively responding to family violence is one of the greatest opportunities to improve the wellbeing and safety of our communities, and we all have a collaborative approach where Police partner with Iwi, Community agencies and providers to meet the needs of our community and tailor responses based on what our community needs and wants. FLOW visits Whanau after the initial Police attendance. FLOW act as navigators, enabling Whanau to access the most relevant service that will assist them to be safe from harm.

PH: **111 24/7**

**"WORKING TOGETHER FOR A
VIOLENCE FREE WHANGANUI"**

AGENCIES IN WHANGANUI



WOMEN'S REFUGE

PH: 06 344 2204

PH: 0800 733 843

North Island Option 4

24/7 crisis and support line

We work with women, children and families/whānau experiencing the effects of family violence by providing advice, support and advocacy, risk assessments and safety planning. We also provide safehouse accommodation for women and children at high risk of further harm and support women, children and families/whānau in the community.

Email: advocate@refugewhanganui.org.nz



kaupapa whānau – thriving children, flourishing families

14/10/21

Suite 10, 236 Victoria Ave

PH: 06 345 1636

Our team journey alongside whānau and families to be safe, confident and proud in their relationships and parenting their children. We support whānau and families resisting violence, healing trauma, building safety, strengthening family relationships, enjoying parenting, and getting support you need from other services. Our services include social work support, parenting programmes, and family harm prevention programmes. We also provide information and advice to whānau and families who are not sure where or how to get help.

Website: jigsawwhanganui.org.nz/ Email: jigsawwhanganui.org.nz

TUPOHO-IWI AND COMMUNITY SOCIAL SERVICES TRUST

14/10/21

Services include social work support and intervention to reduce whānau/family harm, advocacy and negotiation with statutory and other support agencies, and financial mentoring and education services.

Whakapūmautia te mana o nga tangata i roto i ngā tāngata.

Nurturing . Sustenance. Empowering.

Tupoho House

249 Victoria Avenue

PH: 06 345 2042

IT IS **OK** TO ASK FOR HELP

SHINE (Domestic Violence Helpline):

9am - 11pm

PH: 0508 744 633

SHAKTI (for Migrant Women):

24 hours a day/ 7 days a week

PH: 0800 742 584

Safe to Talk (Sexual Abuse):

24 hours a day/ 7 days a week

PH: 0800 044 334 or

TXT: 4334



Family Violence It's Not OK campaign

information line : 0800 456 450

Hey Bro - He Waka Tapu

(for men who want to stop being violent)

24 hours a day/ 7 days a week

PH: 0800 439 276



Family Works

14/10/21

179 Wicksteed Street

PH: 06 345 6681

Provides free individual or group programmes for women and children affected by family violence; an eight-week parenting programme - a Boundaries course for women and general counselling for individual adults, couples, children, adolescents and families. There is a fee for general counselling but funding is available that may assist with this.

Caring...enabling...supporting

Email: familyworks-whanganui@pspc.org.nz



TE ORANGANUI

14/10/21

57 Campbell Street

PH: 06 349 0007

Korowaitia te puna waiora
hei oranga motuhake mo te iwi
Empowering whānau into their futures.

Te Oranganui's Whanau & Community Services support whānau experiencing family violence. They support whānau to build resiliency and live nurturing and cohesive lives. Te Oranganui's other services also have a zero tolerance to family violence: Mental Health & Addiction, Disability Support Services, and GPs.

ORANGA TAMARIKI

Ministry for Children

Ingestre Chambers

74 Ingestre Street Whanganui

PH: 0508 (FAMILY) 326 459

24 hours a day,

seven days a week

14/10/21

Statutory Child Protection Service. Investigates concerns about serious abuse of children (physical, sexual, emotional and neglect), and provides youth justice services.



Email: VIN@jigsawwhanganui.org.nz

Phone: 022 541 8747

[facebook.com/VINWhanganui](https://www.facebook.com/VINWhanganui)

Kaupapa:

We believe all services need to be culturally appropriate and informed by the principles of the treaty of Waitangi.

We believe we all have a right to live in homes free from violence and oppression.

We are committed to the wellbeing of whānau and families.

We believe violence in families occurs in a wider context of oppression and inequality.

We challenge the nature and quality of social response in a society that supports violence and oppression.

We believe family violence is socially learned and can be changed through effective community action that strengthens community relationships and networks.

We believe the best way to achieve our objectives are to work together to build safe, resilient, strong and connected communities which enable whānau to thrive.



14/10/21 *Serving the needs of older people*

164 St Hill Street

PH: 06 345 1799

PH: 0800 EA NOT OK

(0800 32 668 65)

A free and confidential Elder Abuse Response Service for people experiencing, or at risk of, elder abuse and/or neglect.

Whanganui Safe and Free

14/10/21

Specialist therapy and counselling for children, adolescents, whanau and families, and individuals affected by the trauma of sexual abuse and rape. Whanganui Safe and Free also offer Kaiawhina/Family Support for those directly and indirectly affected, and preventative education programmes for children and their parents/caregivers, for families and for students.

Suite 4, 236 Victoria Ave

PH: 06 343 3416

Email: administration@whanganuisafe.org.nz



LAW

COMMUNITY LEGAL
ADVICE WHANGANUI

Suite 2, 236 Victoria Ave

PH: 06 348 8288

Community Legal Advice Whanganui can provide those living with family violence information and advice on dealing with the police, protection orders, occupation or tenancy orders, relationship property, the process to end a marriage, civil union or de facto relationship, and seeking the services of a family lawyer.

Email: claw@claw.co.nz

14/10/21